



Hello!

You are watching English class for
8th grade.

Sports



Hygiene Guidelines



Wash your Hands

**Keep your Workspace
Clean**





**“Remember, if you take
care of yourself, you are
safe and everyone
around you will be *safe*”**

Materials

- English notebook
- A pen or a pencil
- Translator





We are ready to learn!
Let's go!

PREVIOUS CLASS REVIEW

Pollution

Should and shouldn't





Goal of the day

We will be able to recognize the importance of athletes and identify the most popular sports in Panama.



Sport

An activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment.

Can you name the people in the following picture ? Let`s try!

4 Rod Carew

6 Mariano Rivera

7 Roberto Durán

1 Irving Saladino

2 Eileen Coparrapo

8 Román Torres

9 Laffit Pincay Jr.

10 Leonardo González

5 Danilo Pinnoch

3 Yvette Lewis





New words

Life skills

Accountability

Failure

Staying fit

Dedication

Expensive

Healthy

Packing up

Fitness

Leadership





Let's Practice

Look at the picture and choose the correct word from the list



Failure



Fitness



Dedication



Leadership

Life skills

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Look at the picture and choose the correct word from the list

Life skills

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Expensive



Healthy



Accountability



Leadership

Let's read a passage



Sports are a very important part of students' healthy development. There are two key benefits of practicing sports at school: mental health and physical fitness.

Team sports are even better because they teach accountability, dedication, leadership, and other life skills.

Sports help students to increase their confidence to talk, thus improving their communication skills. They bring discipline in life, because it teaches the values of dedication and patience. Sports even teach people how to handle failure.

From the passage...

1. Practicing sports is beneficial to develop two important things: Mental health and Physical fitness.
2. Some of the life skills that students can gain from practicing team sports are:
 - a. Accountability
 - b. Dedication
 - c. Leadership
3. Students who practice sports increase their Confidence to talk and this helps improve their Communication skills.
4. Sports teach people how to handle Failure and some values like:
 - a. Discipline
 - b. Dedication
 - c. Patience

Sports are a very important part of students' healthy development. There are two key benefits of practicing sports at school: mental health and physical fitness.

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Comparative / Superlative

Let's play a video



https://www.youtube.com/watch?v=JUlaJf-x6_U

Accede al enlace para ver el video.

Comparative and superlative

Regulars

Comparative

Tall

Short

Expensive

Interesting

Superlative

Tall

Short

Expensive

Interesting

Irregulars

Adjective	Comparative	Superlative	Example Sent.
Good	Better	The best	<ul style="list-style-type: none">I feel better today.Mark is the best footballer in the university.
Old	Older	The oldest	<ul style="list-style-type: none">She's a good seven years older than me.Next to wood, coal is the oldest of fuels.
Far	Further	The furthest	<ul style="list-style-type: none">Samuel had no further questions.My car is the furthest one.
Bad	Worse	The worst	<ul style="list-style-type: none">Gentility without ability is worse than plain beggary.She is the worst liar I have ever known.
Well	Better	The best	<ul style="list-style-type: none">We'd better get a move on.Mary did her best.
Little	Less	Least	<ul style="list-style-type: none">I sleep less than my father.It was the least I could do.
Many	More	Most	<ul style="list-style-type: none">Made more powerful or stylishMost people think I'm clever.



Let's Recap

Let's have some practice

1. Eileen Coparropa was the youngest (young) athlete to represent Panama in Olympic Games.
2. Basketball is more interesting (interesting) than volleyball.
3. Yvette Lewis got the best (good) mark in 110 mts. hurdle in Beijing 2016.
4. In Panama baseball and soccer are the most popular (popular) sports.
5. Volleyball is harder (hard) to play than basketball.
6. A soccer team is bigger (big) than a baseball team.
7. Boxing is more dangerous (dangerous) than Karate.
8. Running is the easiest (easy) sport to practice.
9. Basketball players are usually taller (tall) than boxers.
10. Baseball has produced more (many) professional athletes than any other sport in Panama.



Soccer is *more popular than* golf.

Tennis is *the hardest* sport.





Let's Practice
at home

HOMework



Create your own sport!
(follow the guidelines)

GUIDELINES:

- ✓ What kind of sport do you want? (field, water, track, etc.)
- ✓ Give your sport a name (make it interesting!)
- ✓ Design the field (place) where it will be played in and the implements (things) needed to play it.
- ✓ Write the basic rules to play it
 - How many players
 - Objective
 - How to score / gain points or win
 - Draw the implements necessary to play (be creative!)
 - Share your sport with your family (get them to play with you!)

GOOD JOB



Thank you for watching!

For questions and practices

Find me on Instagram as

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Thanks To:





Conéctate
con la **Estrella**